

MONGABAY

Why the ancient *Myristica* swamps need more protection

10-13 minutes



Myristica swamps are relict tropical ecosystems thought to be millions of years old and are spread across the Western Ghats in Kerala, Karanataka, Goa and were recently discovered in Maharashtra. Photo Pradeep Hegde.

In the monsoons, the swamps, typically located near a central stream, are inundated with freshwater gushing in, creating a unique habitat for a host of species. The hallmarks of the swamps are two tree species, exclusively found in the swamps (a.k.a. endemic), that thrive in the waterlogged conditions: *Gymnacranthera canarica* (also known as *Gymnacranthera farquhariana*) and *Myristica fatua* Houtt. var. *magnifica* (Bedd.) Sinclair. The former is listed as

[Vulnerable](#) while the latter is [Endangered](#), according to the last IUCN Red List assessments in 1998—which desperately need updating.

Unlike regular subterranean tree roots, the evergreen trees have evolved to live in the waterlogged conditions of the swamps and feature two types of bizarre-looking roots: knee roots and stilt roots. The former pop out from the ground and are used for exchanging gases while the latter sprout from the main trunk and help support the trees mechanically in the soft and unstable soil. Such aerial roots are common among trees found in tropical mangrove swamps.

Scientists have estimated that [barely 250 trees](#) of *M. fatua magnifica* remained in the Karnataka's Uttara Kannada district from 1998 to 2000. *Myristica* swamps in southern Kerala's Kulathupuzha region have a higher population of *M. fatua magnifica* compared with the swamps in Karnataka, according to a recent study published in 2018. But *G. canarica*, showed the ability to tolerate drier swamps that were not perennially inundated and was dominant in both regions. Still, those swamps in Kulathupuzha which were perennially inundated have *M. fatua magnifica*.



Stilt roots provide mechanical support to trees growing in the soft, moist soil of the *Myristica* swamps.



Photo by Pradeep Hegde.

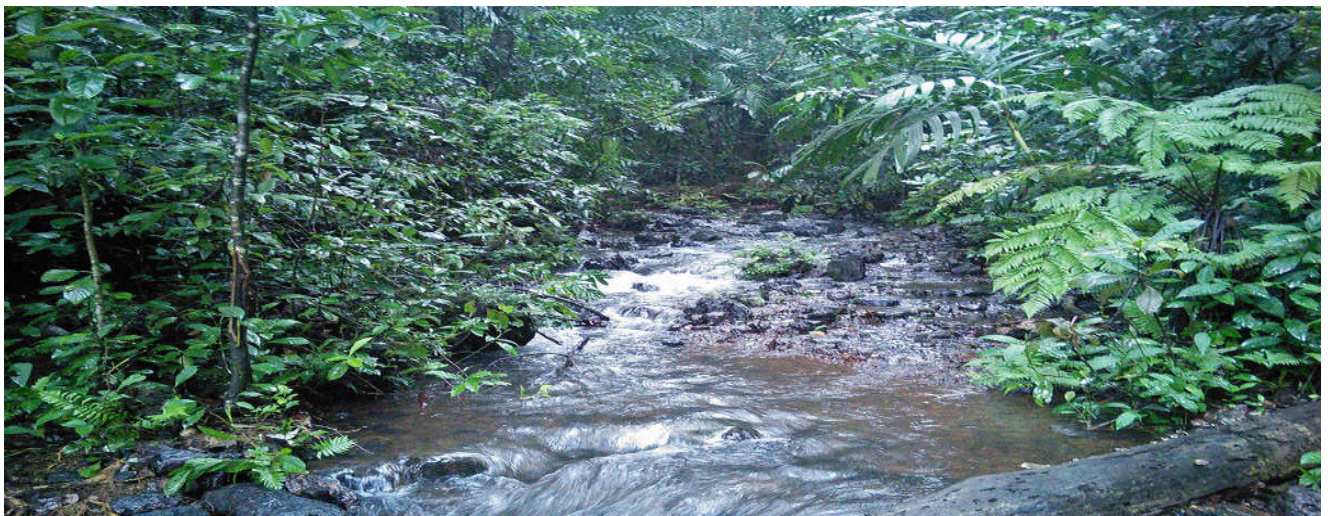
Knee roots protruding from the ground, which help trees to exchange gases in waterlogged conditions.
Photo by Malhar Indulkar.

Watershed value and potential to fight climate change

Owing to their ability to hold water all-year-around, *Myristica* swamps play a crucial role in sustaining water in the streams and groundwater sources. The “swamps act as ‘sponge’ in a landscape,” said T.V. Ramachandra of the Centre for Ecological Sciences, Indian Institute of Science (IISc), Bengaluru, explaining that they help in “retaining the water (during monsoon) and then slowly release to the stream during lean seasons.” Considering the linkages of water sustenance with the swamps, these fragile ecosystems were conserved as sacred by local people during pre-colonial times

In addition, during heavy rains, they help in moderating floodwaters. On the recent flooding of Kerala in 2018, Ramachandra noted that “despite highest rainfall and similar terrain, the regions with *Myristica* swamps handled the floods, while, locations such as Vynaad and Kodagu (land of greedy politicians and business folks who disrupt the stream network by the construction of resorts and buildings along the natural water path) experienced a high level of damages.”

What’s more, these swamps have the potential to mitigate the impacts of climate change. Ramachandra and his colleagues conducted a study on the ecology of the *Myristica* swamps of Kathalekan hamlet of Siddapur taluk in Uttara Kannada district of Karnataka. They found that the swampy forests have higher aboveground biomass and carbon storage than neighbouring non-swampy forests. With a higher ability to sequester carbon than non-swampy forests, these relict ecosystems have been “silently helping the globe in the removal of carbon” amid the backdrop of global warming, highlighted Ramachandra.



Myristica swamps not only help in sustaining groundwater and flood control, but they also store more aboveground carbon than neighbouring non-swampy forests. Photo by Vinay Sivamurthy.

Climate change and other threats from humans

A study published in 2016 examined the impact of climate change on the distribution of five species of Myristicaceae in 2050 to 2080 under two scenarios. The models showed that both swamp specialists—*Gymnocranthera canarica* and *Myristica fatua*—will suffer from a reduced overall suitable habitat area. While *G. canaria* is estimated to drop by 1.04 percent in current area, *M. fatua* will shrink by 1.68 percent under a scenario of rapid economic and population growth till mid-century with a balance in fossil and non-fossil energy sources.

Ravikanth, associate professor at the Asoka Trust for Research in Ecology & the environment and the senior author of the study, expresses concern over the effect of erratic and high rainfall patterns on the regeneration of swampy species. “While floods could result in seedlings (and seeds) being uprooted and being washed away, dry spells, on the other hand, could result in higher mortality of the seedlings,” he noted.



The fruit of *Gymnocranthera canarica* bearing the seed covered with a bright red aril, which is used locally as wild nutmeg. Photo by Jagadish M.R.

“Both the species require flowing water for survival and for the germination of their seeds,” explained Ravikanth. “Our studies [unpublished] have shown that even a few meters away from the swamp, the seeds have poor germination (less than 20%) and those that do germinate have high mortality rates (almost 100%) in summer (within one year of their germination).”

Although the estimated percentage of reduction in the area of the swampy species is not high, Ravikanth points out a myriad of additional threats: changes in land-use, diversion of water for agricultural purposes and the encroachment of swamps.

The study also reveals that most of the suitable areas of swamps lie outside the protected area network and are highly vulnerable to human exploitation. For instance, the brightly-coloured arils covering the large seeds are locally used as a spice for wild nutmeg. “While the arils of *M. fatua* are extensively harvested and have a good market, the arils of *G. canarica* are used as an adulterant. Our recent [yet to be published] study indicated that in many areas of the Western Ghats, the fruits are pre-maturely harvested (due to competition among harvesters). The pre-maturely harvested seeds are not physiologically ripe and do not germinate at all,” revealed Ravikanth. “In fact, even if they harvest the mature fruits, the harvesters tend to throw all the seeds (thousands of them) at one place resulting in poor regeneration.”



The Aghanashini River in Karnataka is a hotspot of Myristica swamps. These ecosystems are highly vulnerable to human exploitation and climate change. Photo by Ashwin Bhat.

Priority for conservation and the way forward

Scientists concur that the delicate and fragmented *Myristica* swamp ecosystem is facing multiple threats and needs urgent conservation efforts. Given the higher biomass and carbon sequestration potential of the swamps, forest management policies need to be revised. Ramachandra and his colleagues, who had extensively studied the swamps of Uttara Kannada district of Karnataka,

suggest providing incentives to farmers and other forest dwellers of the Western Ghats in the form of carbon credits for their role in promoting and guarding watershed vegetation. Such programs will uplift their livelihoods whilst also salvaging these ancient forests.

“The innumerable stream courses of Western Ghats offer tremendous potential for carbon stocking per unit area while also ensures water security for the entire Indian peninsula by bettering the hydrology of the Western Ghats mountains, which form the main watershed,” states Ramachandra.

He said: “The respective biodiversity boards (in the State), as well as National Biodiversity Authority, should come up with the appropriate conservation measures” such as attaching a heritage tag to the swamps. “This should be managed by the respective Village Forest Committees with the active participation of all stakeholders,” he added.

A 2007 report on the *Myristica* swamps of Kerala suggested demarcating all the swamp areas in Kerala as an “individual protected area in its own right.” Among other measures, it also proposed regulating the cutting of entire branches for aril collection.



The Myristica swamps host a wide range of biodiversity, many of which are found only in this ecosystem. Photo by Pradeep Hegde.

Some signs of hope emerge for the swamp patches in Karnataka. Earlier this year, it was [reported](#) that the swamps of Kathalekan in the Uttara Kannada district are set to receive the status of a sanctuary under which they would be protected.

Ramachandra stresses the need for awareness programs among youth (school and college students) about the importance of *Myristica* swamps, which will empower them to conserve these fragile ecosystems.

Robin Abraham of the University of Kansas, who studied the [breeding behaviour](#) of an endemic treefrog from Kerala's swamps, says: "The need of the hour is more manpower and diverse talent to explore and share information on the natural world in more detail, so as at least to be empowered to make sensible decisions and interventions."

Saving the swamps will pave the way for researchers to unravel the secret lives of the flora and fauna inhabiting these enigmatic, archaic ecosystems—and in the process perhaps yield vital clues as to how life evolved in the Western Ghats in the face of a changing climate over thousands of millennia.